

**THE FOURTH ORDINARY SUNDAY**  
**29<sup>th</sup> January, 2023**

**First Reading** **Zeph. 3:11-13**

**A reading from the book of the prophet Zephaniah**

*In your midst I will leave a humble and a lowly people*

On that day you shall not be put to shame because of all the deeds by which you have rebelled against me; for then I will remove from your midst your proudly exultant ones, and you shall no longer be haughty in my holy mountain. Seek the Lord, all you humble of the land, who do his commands; seek righteousness, seek humility; perhaps you may be hidden on the day of the Lord's wrath. "For I will leave in the midst of you a people humble and lowly. They shall seek refuge in the name of the Lord — the remnant of Israel; they shall do no wrong and utter no lies, nor shall a deceitful tongue be found in their mouths. Then they will pasture and lie down, and no one shall make them afraid."

This is the word of the Lord.

℟️ **Thanks be to God.**

**Responsorial Psalm** **Ps. 146**

**Response:** *Happy the poor in spirit; the kingdom of heaven is theirs*

It is the Lord who keeps faith for ever,  
who is just to those who are oppressed.  
It is he who gives bread to the hungry,  
the Lord, who sets prisoners free. ℟️

It is the Lord who gives sight to the blind,  
who raises up those who are bowed down.  
It is the Lord who loves the just,  
the Lord, who protects the stranger. ℟️

He upholds the widow and orphan  
but thwarts the path of the wicked.  
The Lord will reign for ever,  
Zion's God, from age to age. ℟️

**Second Reading** **1 Cor. 1:26-31**

**A reading from the first letter of Paul to the Corinthians**

*God has chosen what is weak by human reckoning*

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

This is the Gospel of the Lord

℟️ **Praise to you, Lord Christ.**

**Gospel Acclamation**

**Alleluia, alleluia!** Rejoice and be glad,  
for your reward is great in heaven. **Alleluia!**

**GOSPEL** **Mtt. 5:1-12a**

℟️ **A reading from the holy gospel according to Matthew**

*Happy are the poor in spirit.*

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

Blessed are the poor in spirit, for theirs is the kingdom of heaven.  
Blessed are those who mourn, for they will be comforted.  
Blessed are the meek, for they will inherit the earth.  
Blessed are those who hunger and thirst for righteousness, for  
they will be filled.

Blessed are the merciful, for they will receive mercy.  
Blessed are the pure in heart, for they will see God.  
Blessed are the peacemakers, for they will be called children of God.  
Blessed are those who are persecuted for righteousness' sake, for  
theirs is the kingdom of heaven.

Blessed are you when people revile you and persecute you and utter all kinds  
of evil against you falsely on my account. Rejoice and be glad, for your  
reward is great in heaven."

This is the Gospel of the Lord

℟️ **Praise to you, Lord Christ.**

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